



PENINSULA FOLK CLUB NEWSLETTER OCTOBER 2023

Advancing Acoustic Music on the Peninsula

Editor: peterstanley7@bigpond.com

NOVEMBER 5th... HAT BAND NIGHT

It's coming back!! With the restrictions in getting together for practice imposed by COVID, Hat Band Night hasn't been on our Program since 2019.. Mark down November 5th for it's revival!

At our October Club Night, we drew 18 names out of a hat, putting them in groups led by a competent musician/facilitator. This year's group leaders are (in no particular order)

* Sally Carter, * Evan Webb, * Karen Doyle and * Keith Rea.

The groups will be meeting during the month of October to choose and practice a music set.

(Oh yes.. And give themselves a humorous? Clever? Cringeworthy? Band name)

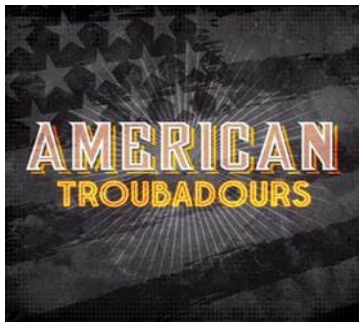


HAT BAND ACT 2019 >>>

A BONUS FOR THIS NOVEMBER'S PFC CLUB NIGHT. As well as the return of the Hatbands, we have something very arranged for you. As our main guest artist, we've booked our very own PFC member Eric. He's bringing with him three wonderfully experienced singers and musicians to present a shortened and modified version of their sold out show, American Troubadours.

James van Cuylenburg, Eric's son and a gifted vocalist and pianist who tours with his own band The Tealeaves.

Cath Rutten, singer and actor, who has toured the world and the country performing.



Paul Davies, band leader of The Anti Fall Movement and master guitarist.

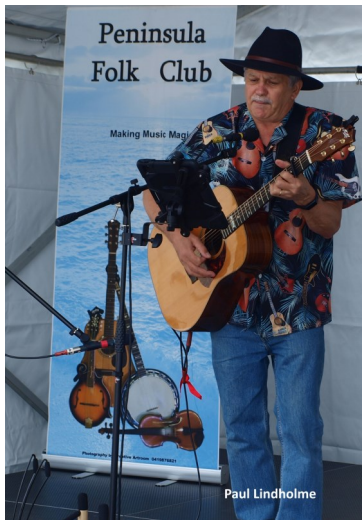
American Troubadours pays homage to some of the great singer songwriters of the late sixties and early seventies. Bob Dylan, Joni Mitchell, Cat Stevens, James Taylor, Jim Croce plus many more. We promise you a night to remember.



*We meet on the 1st Sunday each Month 5.30 - 9.30pm
(Feb to Nov)*

*@ Frankston Bowls Club, Cnr Yuille & William Sts Frankston
Informal Jam Session 5.30 - 6.30 pm,
then "Concert" 6.30- 9.30pm*

Members \$7.00 Visitors \$10.00



MORNINGTON MAIN STREET FESTIVAL

What a great day!
 A big shout out to Alan Lazarus and his team of volunteers who put this together.
 Well done the tech team of John, Kieran and Leon. Neroli was enthusiastic and encouraging as the MC

AND what a fabulous group of performers.
 AND most of this talent was home-grown PFC.

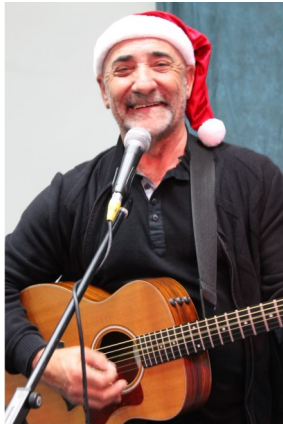
Thanks everyone for doing the Club proud !!



WHAT'S COMING UP AT PFC

DECEMBER 3rd ..CHRISTMAS PARTY 12 noon- 4.00pm

We will be continuing our tradition of a lunch and an afternoon of fun, music and conversation. We start proceedings from Midday and will enjoy the company of our Folkie friends till about 4pm. We have decided this time to return to the traditional BBQ and salad (plus sweets of course!!) Tea and Coffee will be provided.



You will be able to buy drinks at the bar (NO BYO..sorry)

All attenders will need to pay \$10.

To help with catering, we will be asking everyone in attendance next club night to indicate if they will be joining us at the Christmas Party. We will also be looking for volunteers to help with the BBQ.

Bring your instruments and voices and join in the jam sessions.



As has become our tradition, we will have a Christmas Hamper raffle, proceeds will once again go to support the Christmas Dinner put on for the disadvantaged in Frankston at the Frankston Arts Centre.



PFC ASSOCIATED GROUPS

The Peninsula Folk Club Singers (better known as PMS voices) ... invite anyone who likes to sing, whether well or not, to come along and enjoy a fun night with like-minded lovers of music.

We've grown to be a really good choir. We started about halfway through last year, learned about eight songs stretching from The Seekers through to Adele, performed at the Folk Club and at the Somerville Community House Christmas party...and loved it. We still meet at the Somerville Community House every second Wednesday, We start at 7pm, stop for coffee about 7.45, then sing again until 8.30. The range of music to learn is suited to all levels of singers and we promise to encourage and support you, even if you think you're terrible.

If you're even slightly interested, please give me a call on 0417 129 575 and let me convince you to have a go.
Eric



FIDDLE GROUP Barry Larkin has been hosting a Fiddle Group on Tuesday Nights on ZOOM since the COVID lockdowns.

The group has progressed to the stage where prospective new members would need to be reasonably competent. Most can sight-read new tunes at a reasonable pace so it's definitely no longer a beginners group.

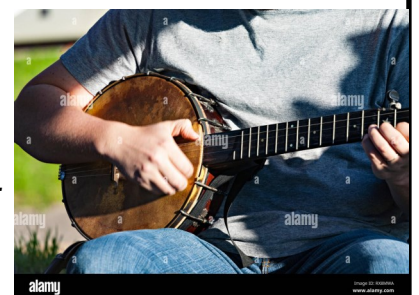
If you are interested in joining please contact Barry on 0418 363 056 or at b_larkin@aapt.net.au



MANDO GROUP Mandolin Madness continues to burble along nicely. Learning new tunes and polishing up some of the old ones. The end of cover lockdowns has seen the chance for more face to face rehearsals and less dependence on the Zoom format. The group has taken advantage of both the Girgarre Moosic Muster and the Fiddlers Convention to strut their stuff in public. Chalkboard opportunities at both have seen different combinations of players and up front singers represent the the mandolin in a wonderful light. And we're not shy about including the other odd instrument as well with guitar, harp and lager phone in the mix. Enquiries to Mark at mpotteng@bigpond.net.au

BANJO GROUP ??

Following the success of the Fiddle, mando and singing groups, the possibility of starting a BANJO group has been raised... Do we have enough interested folk out there that would make this viable. Of course, we will need to find a suitable group leader !! If you've always thought you'd love to play banjo (or if this is a completely new thought) let us know. Drop a line to pfclub@gmail.com or have a chat at the desk next club night... We have had a couple of interested people ..Do we have any more??



DEMENTIA: PLAYING A MUSICAL INSTRUMENT COULD REDUCE RISK OF DEMENTIA BY 64 %

HAVE you learned to play a musical instrument? If not, would the likelihood of reducing your dementia risk persuade you to do so?

By CHANEL GEORGINA, Deputy Health Editor based in London, covering health concerns since 2020. www.express.co.uk

Researchers at Cambridge University reviewed the current evidence we have on this subject matter, including how effective playing music is for the brain. The team delved into the data of two cohort studies and one twin study, which were classified as having "good methodological quality". These high-quality research papers all reported that playing a musical instrument benefits the brain.

The twin study noted that musicians were 64 percent less likely to develop mild cognitive impairment or dementia. Meanwhile, the cohort studies found that playing a musical instrument reduced the risk of dementia by 59 percent. Both of these positive associations between playing a musical instrument and reduced dementia risk are not to be scoffed at.

While the evidence base is limited by small sample sizes, the researchers concluded that the "protective" effects are not to be dismissed.

CRANBOURNE FUN (FOLK UNITING NIGHT) NIGHT

*3rd Sat from 7.30 @ Cranbourne Regional Uniting Church @ 41 Lesdon Ave.
Cost is \$7 per head, (\$5 for performers) .includes supper.*

If you like live music, good company and don't mind supporting your local community - come along to our concerts!

Come along and share your songs, poems, dances, music; or just enjoy the evening as part of the audience

OCTOBER CLUB NIGHT SNAPS



GIRGARRE MOOSIC MUSTER 2024 10-14 JANUARY

The Girgarre Moosic Muster is a family-friendly music festival based on a combination of Bluegrass, Irish, Gospel, Country Bush and Folk Music..something for everyone! Girgarre Moosic Festival has been a part of the life of the



Peninsula Folk Club for at least the last decade, as our Members and friends have supported this endeavour since it's inception. It survived the ravages of Covid !! And it gets bigger and better every year !

Perhaps you have never been to Girgarre..2024 could be the year you made the journey and joined the regulars (the usual suspects)





Sing & Strum

UKULELE

*resuming Tues 31st Jan. 2023

WEEKLY TUESDAY SESSIONS

Beginner Tuition at 1:30pm

followed by full group session

@ 2pm – 3:15pm



Venue:

Mornington Salvos
750 Nepean Hwy Mt Martha

More Info & Register:

Dave - 0432 612 655

- ✓ **Facilitated** by Dave Parker: over 40 yrs. music teaching,
- ✓ **Cost:** Free Group Tuition. Gold coin **donation** for Tea/Coffee
- ✓ **Advice** and assistance offered to purchase or rent a Ukulele
- ✓ **Every Tuesday** (except school holidays). Contact **Dave**

SELBY FOLK CLUB

Selby Community House
Minak Road, Selby
NOVEMBER 3rd

Chris Cavill with Les Thomas

Chris Cavill The last 6 months have been enormous for Chris Cavill. He's collaborated with Kim Churchill, Tay Oskee & released 3 singles. He's also begun performing with his 8 year old son Jesse. This follows the success of his 2020 album 'Lionheart', a tribute to his father, who passed away after a lengthy battle

Victorian Folk Music Club

at Ringwood presents

Christina Green

Tuesday
14th November

Christina is an accomplished singer-songwriter and multi-instrumentalist writing primarily in folk, folk/rock and cabaret idioms. Her observational, image-rich and storytelling-focused songs draw on inspiration from everyday life, delighting and engaging her audiences.

Ringwood Uniting Church Hall, Station St. Ringwood
7.45 - 10.00pm Admission \$10 to \$14, kids no charge

Cash or card at the door, or pre-purchase tickets at:

<https://events.humanitix.com/vfmc-november2023-concert>

Spot acts please PRE-BOOK at concerts@vfmc.org.au

www.vfmc.org.au / Facebook - Victorian Folk Music Club / 0411.750.462

Presented by The Victorian Folk Music Club Inc. reg. no. A2511Y ABN 28 668 156 704

12th December - Sara and Silas



WARRAGUL ACOUSTIC UNPLUGGED

The Club meets on the 2nd Friday of each month, at the Warragul Senior Citizens. When the idea of Acoustic Unplugged was first discussed, we always spoke in terms of people sharing their music, in a welcoming, supportive, friendly way, with no "stars" - just a group of people who love their music and like the idea of coming together to share that. We can now look back and feel that has largely been the outcome, and we continue to welcome others who share this vision.

FATHERS IN THE CHAPEL

2nd FRIDAY at 7.30pm @ St Johns
Anglican Childers St Cranbourne
100% Acoustic

Come and hear beautiful music
performed in a beautiful acoustic
environment.

Enquiries Mick Tinetti 0419 562 992

MONDAY MUSOS AT HASTINGS

Every Monday 1.15–4.00pm
At the Community Centre 185
High St Hastings
Jam along in the round
\$5.00 includes afternoon tea and
great company

CONTACT:

Tonia 0400 766 552 or
Graeme 0437 470 385

MOUNTAIN PICKERS ASSOC

Last Tuesday. at 7.45. Club night
@ Ferntree Gully Bowling Club (2A
Glenfern Rd) Entry Members - \$10 .Non
Members - \$15 Conc \$12

OCTOBER 31st

The Burning Bridges

The Burning Bridges, traditional country
music from the heart of Melbourne's
north, featuring Peter Somerville-banjo,
dobro, guitar ,and vocals; Fran Martin-
guitar and vocals; Tom Somerville-guitar
and mandolin and more


BERWICK FOLK CLUB..

3rd Friday of month Doors open
7:30 - Music starts 8pm @
Old Cheese Factory 34 Home-
stead Rd., Berwick

17th November
Greg Champion and
Kristian Mizzi



FOR YOUR MUSIC NEEDS, PFC MEMBERSHIP GETS YOU A
DISCOUNT AT THESE LOCAL BUSINESSES

Guitars & Things 3e 415-417 Nepean Hwy (cnr RossSmith Av F' ton Ph 9770 1765 15% Disc 



Coleman's Music Centre. (was Cranbourne Music).
NOW ON-LINE ONLY 9799 5400 10% Disc.

Nepean Music Centre...U4/1 Morn-Tyabb Rd. M'ngton.
Ph: 5975 0293 10% Disc



If undeliverable return to:
Peninsula Folk Club
c/o 410 McClelland Dr
Langwarrin 3910



**Dates to Remember Peninsula Folk Club
Club Night 5th Nov**

*First Sunday each Month 5.30 - 9.30pm
@ Frankston Bowling Clubrooms, Cnr Yuille & William Sts Frankston
Informal Jam Session 5.30 - 6.30pm, then "Concert" 6.30- 9.30pm
Members \$7.00 Visitors \$10.00 Bar Drinks available*

CHRISTMAS PARTY 3rd DECEMBER from 12 Noon